

Additional advance care planning resources:

- <http://www.peopleshealth.com/advancecareplanning> – to view messaging geared toward increasing patient awareness.
- <http://www.ariadnelabs.org> – for articles, a video and a case study. Choose **Serious Illness Care** from the **Programs** menu. The Serious Illness Conversation Guide, which highlights seven key questions to ask during a patient conversation, can be found here.
- Begin the Conversation provider education brochure – for tips on conducting advance care planning discussions; contact your provider representative for a copy.
- [*Being Mortal: Medicine and What Matters in the End*](#) – best-selling book by author and physician Atul Gawande.
- [*Frontline* documentary](#) – PBS video of the episode “Being Mortal,” based on the book of the same name.
- [*The Conversation: A Revolutionary Plan for End-of-Life Care*](#) – book by author, physician and researcher Angelo E. Volandes; includes appendices offering guidelines and resources geared toward patients and their families.
- [*MLN Matters – Advance Care Planning \(ACP\) as an Optional Element of an Annual Wellness Visit \(AWV\)*](#)
- [*iGeriatrics*](#) – a free iPhone and iPad app that includes the **Geriatrics Cultural Navigator**, which offers quick guidance on different cultures, including use of advance directives, approaches to decision-making, preferred forms of address, nonverbal communication, acculturation, culture-specific health risks, disclosure and consent, tradition and health beliefs, and gender issues. The app also features a wide range of clinical information on Beers criteria, psychiatric symptoms and disorders, fall risk, and more. To ensure the most up-to-date information, a year subscription is available for \$9.99. Subscriptions are auto-renewed at \$5.99 each subsequent year.
- <http://www.vitaltalk.org> – offers training courses, videos, guidelines and tip sheets for enhancing physician-patient communication.
- <http://www.lhcqf.org/lapost> – for resources and educational opportunities geared toward healthcare providers. The site is for the Louisiana Health Care Quality Forum’s Louisiana Physician Orders for Scope of Treatment (LaPOST) initiative. LaPOST is a document that establishes medical orders. It is specifically for patients with serious, advanced illnesses, and to be valid it must be signed by a physician and the patient or the patient's personal healthcare representative. The forum is a private, nonprofit organization dedicated to reshaping healthcare in Louisiana.

For more information, contact your provider relations representative or your market medical director.