

Comprehensive Wellness Assessment Program

for PEOPLES HEALTH PROVIDERS

We want to work with you to help your Peoples Health patients better manage their health. One way we do this is by offering them health evaluations at no cost through our **Comprehensive Wellness Assessment Program**. The assessment helps us better understand health needs, and it helps us better work with you to coordinate the care of Peoples Health patients. Assessment information is available to you.

Program Goals and Your Role

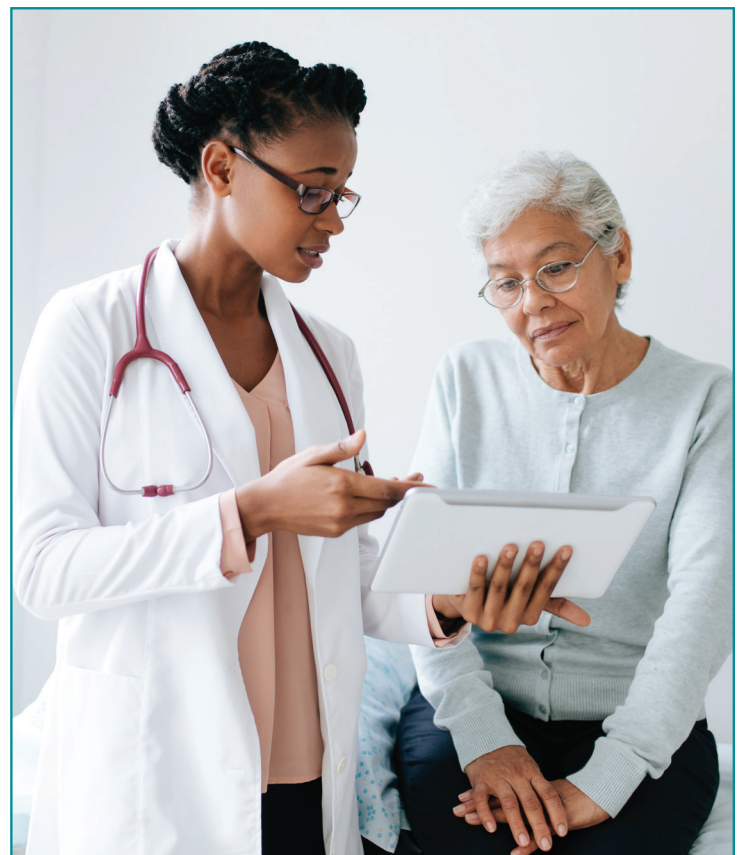
The Comprehensive Wellness Assessment Program is part of our member-centric medical home model, which takes a proactive approach to more personalized care. The information gathered will provide a fuller picture of your patients' health as you develop and monitor their care plans.

The assessment is another way we work with you to assist in coordinating care, as well as a way for us to educate our members on their health and help them understand their conditions. The assessment does not replace the care you provide. Our goal is to make it easier for your patients to give us health information that we share with you.

Patient Benefits

The assessment is a chance for your Peoples Health patients to meet one-on-one with an approved provider, who compiles important information about the patient's health status and conducts a physical evaluation. During the assessment, the provider:

- Talks with the patient about medical history, current treatments and medications
- Performs a brief physical exam, including checking vital signs and reflexes
- Helps the patient establish or update personal health goals
- Provides the patient with a checklist of topics—including any needed preventive screenings—to discuss with you



Assessment Options

There are several options for your Peoples Health patients to receive the assessment, depending on their health status, preference and residential region.

- **At a Peoples Health Service Center**
- **In the patient's home through an in-person visit—this can occur in one of two ways:**
 - A Peoples Health nurse practitioner conducts the visit
 - A nurse practitioner from Alegis Care or HouseCalls (approved providers we contract with) conducts the visit
- **At a nursing home**
- **Via telehealth**



There may be exceptions to these options. No matter where the patient has the assessment, there is no cost, and it takes between one and 1 1/2 hours to complete. For assessments performed by Peoples Health nurse practitioners, progress notes will be faxed to you within seven calendar days. Alegis and HouseCalls will mail assessment information to you within two to three weeks.

Targeted Groups

All Peoples Health plan members are eligible to receive a comprehensive wellness assessment.

- **New plan members receive an assessment within the first 90 days of their enrollment.**
 - Depending on your patients' health status (for example, if any are medically at-risk with multiple complex conditions) you may suggest that they receive an assessment annually. You can do this by calling our member services department. We may also identify at-risk patients, and patients always have the option to request an assessment.
- **Peoples Health special needs plan members—those who have both Medicare and Medicaid—receive this assessment every year they are enrolled in one of our special needs plans.**

More Information and Request an Assessment

Find talking points for discussing the assessment with your Peoples Health patients on the Provider Portal under Resources.

If you have questions about the Comprehensive Wellness Assessment Program, call your provider relations representative at 1-800-631-8443, Monday through Friday, from 8 a.m. to 5 p.m.

To request an assessment for one of your Peoples Health patients, call our member services department at 1-866-553-5705.



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Three Lakeway Center | 3838 N. Causeway Blvd., Suite 2500 | Metairie, LA 70002

www.peopleshealth.com