

Behavioral Health Identification, Treatment and Referral in Primary Care: 3-Part On-demand Series



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On-demand Webcasts

Part One: Depression and Follow-up after Higher Levels of Care

Activity Expiration Date: June 8, 2024

Activity Description

Depression significantly impacts both mental and physical health and can result in serious long-term morbidities. Screening tools are routinely used in clinical practice for measurement-based treatment decisions and adjustments. HEDIS serves as a standard measurement tool for comparing performance with a focus on quality improvements. This activity will explain HEDIS measures related to the treatment of depression and the referral process for behavioral health treatment.

Presenters: Yusra Benhalim, MD, Senior National Medical Director, Optum Behavioral Health and Diane Sanders-Cepeda, DO, CMD, Senior Medical Director, UnitedHealthcare Retiree Solutions

Learning Objectives

At the end of this educational activity, participants should be able to:

- Discuss the screening, diagnosis, treatment and medication adherence for depression.
- Describe the aspect of HEDIS measures related to the treatment of depression.
- Define HEDIS qualified aftercare appointments for FUH and FUM.
- Explain the referral process for behavioral health treatment.

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Part Two: Substance-use Disorders in Primary Care

Activity Expiration Date: October 31, 2024

Activity Description

Substance-use disorders (SUDs) contribute heavily to the burden of disease in the United States. The traditional separation of behavioral health from mainstream health care has created obstacles to successful care coordination. Stigma can also be a barrier to treatment and recovery. This activity will focus on the integration of behavioral health services into the clinical primary care setting for SUD and discuss breaking the stigma and setting the stage for collaboration. Healthcare Effectiveness Data and Information Set (HEDIS) measures related to SUD will also be examined, as well as why these measures are important to establish a therapeutic alliance and a collaborative, stigma-free approach to care.

Presenters: Steve Daviss, MD, DFAPA, DABPM, Medical Director, Optum, President, Maryland-DC Society of Addiction Medicine (MDDCSAM) and Brian P. Goldstein, MD, MBA, FACP, Chief Medical Officer for Employer and Individual Services, North Carolina and South Carolina, UnitedHealthcare, Adjunct Clinical Professor of Medicine, UNC School of Medicine

Learning Objectives

At the end of this educational activity, participants should be able to:

- Examine the aspect of HEDIS measures related to SUD.
- Describe SBIRT (Screening, Brief Intervention, and Referral to Treatment) as an evidence-based approach to delivering early intervention treatment services for individuals with SUD.
- Explain the role of stigma as a barrier to treatment and recovery in SUD.
- Discuss Medication-assisted Treatment (MAT) as an effective treatment for SUD.

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Part Three: Children and Adolescents COMING SOON!

Provided By

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